



VITAL CROSS COUNTRY LEAGUE 2026

2nd Leg – Gros Cailloux, Bambous

Saturday 29th August 2026



LOOP (1)	O - A-B-C-D-E-F-G - H - I- O	1.4 kms
10LOOP (2)	O - A-B-C-D-E-F - I - O	900 mts

1	09.00hrs	U10 – Boys/ Girls	Dep A + 1*LOOP (2) - X	900Mts
2	09.15hrs	U12Boys/ Girls	Dep I +O+A+B+C+D+E+F+I+O -X	1 Km
3	09.30hrs	U 14 Girls	Dep B1 + C+D+E+F+ I+O +1*LOOP (2) - X	1.5 Km
4	09.45hrs	U14 Boys/U16 Girls	Dep D-E-F+G+H+I+O+1 LOOP (1) - X	2.5 Kms
5	10.05hrs	SENIOR MEN	Dep A +1*LOOP (2) + 5 *LOOPS (1)- X	8Kms
6	10.35hrs	U16 Boys-U8/Master Women	Dep A + 3* LOOPS (1) -X	4.2Kms
7	11.00hrs	U18 Men – U20/SENIOR Women	Dep A + 1*LOOP(2) + 3* LOOPS (1) - X	5.1 Kms
8	11.20 hrs.	U20 Men / Master Men	Dep A + 4* LOOPS (1) - X	5.6 Kms