

# **MAA TRIALS U18/U20/SR**

## **Technical Regulations & Program**

### **MAA TRIALS**

The MAA Trials are part of the official competition and selection framework for U18, U20, and Senior athletes. They are organised to assess performance levels and to support selection for major regional and continental competitions.

Performances achieved during the trials will be used for selection for:

U18/U20 Match: Maurice – Réunion – Seychelles (May),

Southern African U18/U20 Championships (June),

Senior African Championships (May).

### **Dates and Venues**

The MAA Trials will be held at Germain Comarmond Stadium, Bambous, on the following dates:

- 07 February 2026
- 21 February 2026
- 07 March 2026

### **Eligibility and Categories**

Only athletes duly licensed by 30 January 2026 are eligible for inclusion on the official start list.

#### **Age Categories**

U18: Athletes born in 2009, 2010, or 2011

U20: Athletes born in 2007 or 2008

Senior: Athletes born in 2006 or earlier

### **Competition Rules**

All events will be conducted in accordance with the World Athletics (WA) Competition and Technical Rules, as currently in force.

### **Technical Organisation**

The Mauritius Athletics Association (MAA) will oversee the full organisation of the trials, including the appointment of all technical officials.

- Track Events: In accordance with WA Rule 166, starting positions will be drawn by the Competition Director.
- Field Events (Long Jump, Triple Jump, Shot Put, Discus, Javelin, Hammer): Each athlete will be allowed 6 attempts.

### Triple Jump Take-off Boards:

- Girls: 9m (U18), 11m (U20/Senior).
- Boys: 11m (U18), 13m (U20/Senior).

### MAA Trials Events:

Boys	Girls
100m, 200m, 110m Hurdles	100m, 200m, 100m Hurdles
400m, 400m Hurdles, 800m, 1500m	400m, 400m Hurdles, 800m, 1500m
High Jump, Long Jump, Triple Jump, Pole Vault	High Jump, Long Jump, Triple Jump, Pole Vault
Shot Put, Discus, Javelin, Hammer	Shot Put, Discus, Javelin, Hammer

### Implements:

Cat	Shot Put	Discus	Javelin	Hammer
U18 Men	5 kg	1,5 kg	700 g	5 kg
U20 Men	6 kg	1,75 kg	800 g	6 kg
Senior Men	7,26 kg	2 kg	800 g	7,26 kg
Cat	Shot Put	Discus	Javelin	Hammer
U18 Women	3 kg	1 kg	500 g	3 kg
U20 Women	4 kg	1 kg	600 g	4 kg
Senior Women	4 kg	1 kg	600 g	4 kg

### Hurdles Heights:

Men	Women
U18 -110m Hurdles (0.91m)	U18 -100m Hurdles (0.762m)
U20 -110m Hurdles (0.991m)	U20 / SR -100m Hurdles (0.838m)
SR -110m Hurdles (1.067m)	
U18 - 400m Hurdles (0.838m)	U18 / U20 / SR - 400m Hurdles (0.762m)
U20 / SR 400m Hurdles (0.91m)	

## Call Room Regulations

- **First Check-in:** 1 hour before the event.

Event	Final Call	Entry to Stadium
Sprint/Middle Dist	20 mins prior	10 mins prior
Hurdles	25 mins prior	15 mins prior
Jumps	30 mins prior	20 mins prior
Throws	30 mins prior	20 mins prior

*Participation in the MAA Trials implies full acceptance of these Technical Regulations.*

# **MAA TRIAL U18/U20/SR**

**SATURDAY 07 FEB 2026**

**GERMAIN COMARMOND STADIUM, BAMBOUS**

## **PROGRAMME**

09H30	100M HIGH JUMP TRIPLE JUMP JAVELIN SHOT PUT	W W M W M
09H50	100M	M
10H15	400M	W
10H35	400M	M
10H55	1500M	W
11H00	LONG JUMP HIGH JUMP SHOT PUT JAVELIN	W M W M
11H05	1500M	M
11H20	100M H	W
11H35	110M H	M
11H50	200M	W
12H10	200M	M
12H15	LONG JUMP TRIPLE JUMP	M W
12H30	800M	W
12H45	800M	M
13H00	400M H	W
13H15	400M H	M

# **MAA TRIAL U18/U20/SR**

**SATURDAY 21 FEB 2026**

**GERMAIN COMARMOND STADIUM, BAMBOUS**

## **PROGRAMME**

09H30	100M	W
	HIGH JUMP	M
	TRIPLE JUMP	W
	DISCUS	W
	JAVELIN	M
09H50	100M	M
10H15	400M	W
10H35	400M	M
10H55	800M	W
11H00	POLE VAULT	M / W
	HIGH JUMP	W
	JAVELIN	W
	DISCUS	M
11H05	800M	M
11H20	400M H	W
11H35	400M H	M
11H50	200M	W
12H10	200M	M
12H15	TRIPLE JUMP	W
12H30	1500M	W
12H45	1500M	M
13H00	100M H	W
13H15	110M H	M

# **MAA TRIAL U18/U20/SR**

**SATURDAY 07 MAR 2026**

**GERMAIN COMARMOND STADIUM, BAMBOUS**

## **PROGRAMME**

09H30	100M HIGH JUMP TRIPLE JUMP HAMMER SHOT PUT	W W M W M
09H50	100M	M
10H15	400M	W
10H35	400M	M
10H55	1500M	W
11H00	LONG JUMP HIGH JUMP SHOT PUT HAMMER	W M W M
11H05	1500M	M
11H20	100M H	W
11H35	110M H	M
11H50	200M	W
12H10	200M	M
12H15	LONG JUMP TRIPLE JUMP	M W
12H30	800M	W
12H45	800M	M
13H00	400M H	W
13H15	400M H	M

