## KFC YOUTH NATIONAL CHAMPIONSHIPS 2025

**U10/U12/U14**

**PROGRAMME SATURDAY 8 NOV 2025**

**MARYSE JUSTIN STADIUM**

09H00 1000m Race Walk G U14

09H15 100m Race Walk B U14

09H30 60m Hurdle G U14 Round 1

Long Jump B U10

Shot Put G U10

Vortex Throw B U12

Hammer G U14

09H45 60m Hurdle B U14 Round 1

10H00 60m G U12 Round 1

10H30 60m B U12 Round 1

11H00 50m G U10 Round 1

Long Jump B U14

Hammer B U14

Shot Put G U12

11H20 50m B U10 Round 1

11H45 100m G U14 Round 1

12H05 100m B U14 Round 1

12H30 500m G U10 Round 1

Pole Vault B/G U14

Javelin G U14

Long Jump G U12

12H40 500m B U10 Round 1

12H50 600m G U12 Round 1

13H00 600m B U12 Round 1

13H10 800m G U14 Round 1

13H20 800m B U14 Round 1

13H30 120m G U12 Round 1

Triple Jump G U14

Shot Put B U14

High Jump G U14

13H40 120m B U12 Round 1

13H50 60m G U12 S/F

14H00 60m B U12 S/F

14H10 50m G U10 S/F

14H20 50m B U10 S/F

14H30 100m G U14 S/F

14H40 100m B U14 S/F

14H50 4 x 50m G U12 Round 1

15H00 4 x 50m B U12 Round 1

15H10 4 x 50m G U10 Round 1

15H20 4 x 50m B U10 Round 1

15H30 4 x 100m G U14 Round 1

15H40 4 x 100m B U14 Round 1

## KFC YOUTH NATIONAL CHAMPIONSHIPS 2025

**U10/U12/U14**

**PROGRAMME SATURDAY 15 NOV 2025**

**MARYSE JUSTIN STADIUM**

09H30 60m Hurdle G U14 FIN

Shot Put B U10

Long Jump B U12

Vortex Throw G U12

Long Jump G U10

09H40 60m Hurdle B U14 FIN

09H55 120m G U12 S/F

10H05 120m B U12 S/F

10H20 500m G U10 FIN

10H30 500m B U10 FIN

10H40 600m G U12 FIN

10H50 600m B U12 FIN

Shot Put G U14

Javelin B U14

Long Jump G U14

Discus B U14

11H00 800m G U14 FIN

11H10 800m B U14 FIN

11H20 50m G U10 FIN

11H30 50m B U10 FIN

11H40 60m G U12 FIN

11H50 60m B U12 FIN

12H00 100m G U14 FIN

Triple Jump B U14

Discus G U14

High Jump B U14

12H10 100m B U14 FIN

12H20 120m G U12 FIN

12H30 120m B U12 FIN

12H40 4 x 50m G U10 FIN

12H45 4 x 50m B U10 FIN

12H50 4 x 100m G U14 FIN

12H55 4 x 100m B U14 FIN

13H00 4 x 50m G U12 FIN

13H05 4 x 50m B U12 FIN