

KFC YOUTH NATIONAL CHAMPIONSHIPS 2025

U10/U12/U14

Technical Regulations & Programme

The Mauritius Athletics Association (MAA) will organise the KFC Youth National Championships 2025 on Saturday, November 8 and Saturday, November 15, 2025 at Maryse Justin Stadium, Réduit.

AGE CATEGORIES

The KFC Youth National Championships are open to **boys and girls** in the following age groups:

Category	Age	Year of Birth
U10	7-9	2018, 2017, 2016
U12	10-11	2015, 2014
U14	12-13	2013, 2012

EVENTS

U10	
BOYS	GIRLS
50m , 500m , 4 x 50m	50m , 500m , 4 x 50m
Long Jump , Shot Put (1kg)	Long Jump , Shot Put (1kg)
U12	
BOYS	GIRLS
60m , 120m , 600m , 4 x 50m	60m , 120m , 600m , 4 x 50m
Long Jump , Vortex Throw , Shot Put (2kg)	Long Jump , Vortex Throw , Shot Put (1kg)
U14	
BOYS	GIRLS
60m Hurdle (68cm), 100m , 800m , 1000m Race Walk	60m Hurdle (68cm), 100m , 800m , 1000m Race Walk
Long Jump , Triple Jump , High Jump , Pole Vault	Long Jump , Triple Jump , High Jump , Pole Vault
Shot Put (3kg), Discus (800g) , Javelin (500g) , Hammer (3kg)	Shot Put (2kg), Discus (600g) , Javelin (400g) , Hammer (2kg)
4x 100m	4x 100m

PARTICIPATION RULES

- Each athlete may participate in one running event, one jump, and one throw, plus the relay for their age group.
- A maximum of 2 relay teams per club per category are allowed.
- All athletes must compete only in events corresponding to their own category or age group, as verified by their valid 2025 MAA license.

TECHNICAL ORGANISATION

The Mauritius Athletics Association (MAA) will manage the full organisation of the Championships, including all technical aspects and appointment of officials.

COMPETITION RULES

Track Events

- For U14 sprint and hurdle events, **starting blocks are mandatory**.
- The Combined Events false start rule will be applied to all categories.

Field Events

- **Long Jump, Triple Jump, Shot Put, Discus, Javelin, Hammer:**
- During the qualification round, all athletes will have 3 attempts. The top 8 performers will qualify for the final round, where they will be allowed 1 additional attempt.
- **Triple Jump Take-Off Boards:**
 - Girls: 5m - 6m
 - Boys: 6m - 7m

CALL ROOM PROCEDURE

Event	First Check-in	Final Call	Entry to Stadium
Flat Races	1 hour before	20 min before	10 min before
Hurdles	1 hour before	25 min before	15 min before
Jumps	1 hour before	30 min before	20 min before
Throws	1 hour before	30 min before	20 min before

Athletes will be escorted in competition order to the field of play and guided out after their event.

MEDAL CEREMONY

Medal ceremonies will be held after the official announcement of results.

Awards per event:

- **Gold** – 1st place
- **Silver** – 2nd place
- **Bronze** – 3rd place

ENTRY FORM

The participation forms must be submitted to the MAA office by 24th October 2025 at latest by noon.